



MONDAY

Breakfast

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices**

Lunch

Savoury Mince with Parsley Sauce

Creamed potato

Broccoli, diced carrots

Fish in Parsley sauce

Desert

Apple Crumble with custard

Tinned fruit and cream

Orange Jelly

Ice Cream

Selection of fresh fruits

Afternoon Tea

Chocolate Cake

Supper

Tomato Soup

Macaroni Cheese

Bean

Tuna Salad

Strawberry Mouse / Orange Jelly

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times

Catherine Lodge

WEEK 1



TUESDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

MeatLoaf
Creamed potato
Peas, carrots and gravy

Baked Fish in Tomato sauce

Desert

Milk pudding with cream

Ice Cream
Selection of fresh fruits

Afternoon Tea

Fruit Cake

Supper

Bean Soup
Sausage & Onion Mash
Selection of Quiches
Bread and Butter

Jelly & Ice Cream / Chocolate Mouse

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

Catherine Lodge

WEEK 1



WEDNESDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Roast Chicken
Roast or Creamed potato
Green Beans & Diced Leeks and gravy

Grilled Fish in onion sauce

Desert

Pineapple Pudding & Custard

Tinned Fruit & Ice Cream
Selection of fresh fruits

Afternoon Tea

Banana Cake

Supper

Spaghetti Carbonara
Selection of Quiches
Bread & Butter
Fruit Salad & Cream
Blackcurrant Jelly

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



THURSDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Lamb Hot Pot

Creamed potato

Swedes & Sprouts

Poached Fish White sauce

Desert

Rhubarb Crumble & Custard

Ice Cream

Selection of fresh fruits

Afternoon Tea

Carrot Cake

Supper

Bean Soup

Lasagne with side salad

Lemon Mouse

Jelly & Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham/Cheese Salad

Catherine Lodge

WEEK 1



FRIDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Poached Salmon with Hollandaise sauce
Creamed potato
Carrots & Broccoli

Fish & Chips
Peas & Broccoli

Desert

Semolina Pudding

Ice Cream
Selection of fresh fruits

Afternoon Tea

Sponge Cake

Supper

Chicken Soup
Fisherman's Pie
Cheese Salad
Bread & Butter

Peaches & Custard
Ice Cream

Call to order menu: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times

Catherine Lodge

WEEK 1



SATURDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Cottage Pie
Creamed potato
Glazed Carrots & Sliced Green Beans

Grilled Cod in White Wine Sauce

Desert

Jam Sponge and Custard

Ice Cream
Selection of fresh fruits

Afternoon Tea

Chocolate Cake

Supper

Bean Soup
Tuna & Sweetcorn Pasta Bake
Cheese Salad
Quiche & Salad

Peaches & Custard
Ice Cream

Call to order menu : Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



SUNDAY

Breakfast

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices**

Lunch

Roast Lamb

Roasted potatoes

Creamed Potatoes

Carrots & Cabbage

Poached Fish with Parsley Sauce

Desert

Trifle

Ice Cream

Selection of fresh fruits

Afternoon Tea

Fruit Cake

Supper

Chicken Soup

Selection of Sandwiches

Ham Salad

Peaches & Custard

Jelly and Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times