



MONDAY

Breakfast

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices**

Lunch

**Beef Stroganoff
Creamed potato
Broccoli, diced carrots**

Grilled cod with tomato sauce

Desert

**Pineapple upside down pudding with cream
Tinned fruit and cream
Orange Jelly
Ice Cream
Selection of fresh fruits**

Afternoon Tea

Fruit Cake

Supper

**Tomato Soup
Ham & Onion roll Creamed Potatoes & White Sauce, Side Salad
Tuna Salad
Chocolate Mouse / Lime Jelly**

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times

Catherine Lodge

WEEK 3



TUESDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Chicken Casserole
Creamed potato
Peas, carrots and gravy

Poached cod in white sauce

Desert

Milk pudding with cream

Ice Cream
Selection of fresh fruits

Afternoon Tea

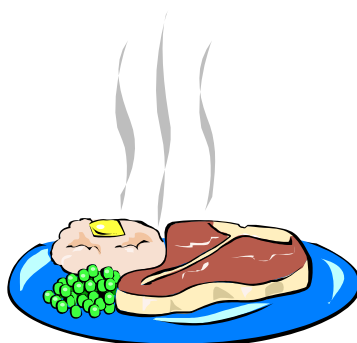
Carrot Cake

Supper

Bean Soup
Corn beef Hash
Selection of Quiches
Bread and Butter
Jelly & Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



WEDNESDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Roast Beef
Yorkshire Puddings
Roast or Creamed potato
Green Beans & Diced Leeks and gravy

Baked Tuna in mixed pepper sauce

Desert

Fruit Pie & Custard

Tinned Fruit & Ice Cream
Selection of fresh fruits

Afternoon Tea

Chocolate Cake

Supper

Fisherman's Pie
Selection of Quiches
Sausage Rolls
Fruit Salad & Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad



THURSDAY

Breakfast

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices**

Lunch

**Shepherd's Pie
Creamed potato
Carrots & Broccoli**

Steamed Cod in White sauce

Desert

Rhubarb Crumble & Custard

Ice Cream

Selection of fresh fruits

Afternoon Tea

Glazed Ginger and Cherry Cake

Supper

Spanish omelette with side salad

Tomato & basil pasta

Chocolate Mouse

Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad



FRIDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Shepherd's Pie
Creamed potato
Carrots & Broccoli

Steamed Cod in White sauce

Desert

Lemon Meringue Pie

Ice Cream
Selection of fresh fruits

Afternoon Tea

Lemon Cake

Supper

Bean Soup
Sausage & Bean
Ham Salad

Peaches & Custard
Ice Cream

Call to order menu: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



SATURDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Chicken Mushroom Pie
Creamed potato
Glazed Carrots & Sliced Green Beans

Grilled Cod in White Wine Sauce

Desert

Jam Sponge and Custard

Ice Cream
Selection of fresh fruits

Afternoon Tea

Chocolate Cake

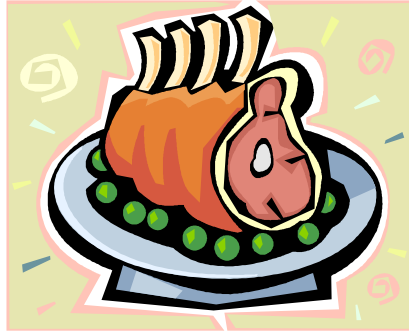
Supper

Mushroom Soup
Spaghetti Bolognese
Cheese Salad
Quiche & Salad

Peaches & Custard
Ice Cream

Call to order menu : Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



SUNDAY

Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge
Tea, Coffee, Fruit Juices

Lunch

Roast Lamb

Roasted potatoes

Creamed Potatoes

Broccoli & Sweet Corns

Steamed Cod in White sauce

Desert

Apple Pie

Ice Cream

Selection of fresh fruits

Afternoon Tea

Ginger Cake

Supper

Chicken Soup

Selection of Sandwiches

Ham Salad

Peaches & Custard

Jelly and Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times