



**MONDAY**

**Breakfast**

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices**

**Lunch**

**Meat Balls  
Creamed potato  
Broccoli, Glazed Carrots  
\*\*\*  
Grilled cod with tomato sauce**

**Desert**

**Bread & Butter Pudding with custard  
Tinned fruit and cream  
Lime Jelly  
Ice Cream  
Selection of fresh fruits**

**Afternoon Tea**

**Carrot Cake**

**Supper**

**Tomato Soup  
Leek, Ham & Cheese Pasta, Side Salad  
Sausage Rolls  
Chocolate Mouse / Lime Jelly**

**Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad**

A selection sandwiches, fresh fruits and hot beverages are available at all times

# Catherine Lodge

WEEK 2



## TUESDAY

### Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices

### Lunch

Mince Casserole  
Creamed potato  
Green Beans, Diced Carrots and gravy  
\*\*\*

Poached cod with mixed peppers

### Desert

Fruit pie & Custard  
\*\*\*

Tinned Salad Fruit  
Ice Cream  
Selection of fresh fruits

### Afternoon Tea

Banana Cake

### Supper

Chicken Soup  
Cornish Pasties with side salad  
Selection of Quiches  
Cheese Salad  
Jelly & Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times

# Catherine Lodge

WEEK 2



## WEDNESDAY

### Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices

### Lunch

Roast Chicken  
Roast or Creamed potato  
Swede and Green Cabbage. Gravy  
\*\*\*

Baked Fish in White Sauce

### Desert

Rhubarb Crumble & Custard  
\*\*\*

Tinned Fruit & Ice Cream  
Selection of fresh fruits  
Lemon Jelly

### Afternoon Tea

Chocolate Cake

### Supper

Ham, egg, & Chips  
Selection of Quiches  
Mushroom Soup & Sandwiches  
Fruit Salad & Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



**THURSDAY**

**Breakfast**

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices

**Lunch**

Boiled Salt Beef  
Creamed potato  
Carrots in Leek Sauce & Broccoli  
\*\*\*  
Poached Fish in White sauce

**Desert**

Rice Pudding  
\*\*\*  
Tinned Fruit  
Ice Cream  
Chocolate Mouse  
Selection of fresh fruits

**Afternoon Tea**

Fruit Cake

**Supper**

Spaghetti Bolognese  
\*\*\*  
Omelette  
Orange Jelly  
Ice Cream

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad



**FRIDAY**

**Breakfast**

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices

**Lunch**

Poached Salmon with White Sauce

**Creamed potato**

**Carrots & Broccoli**

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**Fresh Fish, Chips, Peas & Broccoli**

**Desert**

**Spotted Dick & Custard**

\*\*\*

**Tinned Fruit**

**Ice Cream**

**Selection of fresh fruits**

**Afternoon Tea**

**Lemon & GingerCake**

**Supper**

**Cauliflower Cheese**

**Quiche I& Salad**

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**Peaches & Custard**

**Jelly Ice Cream**

Call to order menu: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times



**SATURDAY**

**Breakfast**

**Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices**

**Lunch**

**Chicken & Leek Pie  
Creamed potato  
Glazed Carrots & Cabbage**

**\*\*\***

**Steamed Fish with Tomato Sauce**

**Desert**

**Syrup Sponge and Custard**

**\*\*\***

**Tinned Fruit  
Ice Cream  
Selection of fresh fruits**

**Afternoon Tea**

**Chocolate Cake**

**Supper**

**Vegetable Soup  
Macaroni Cheese; Salad  
Quiche & Salad  
Baked Beans**

**\*\*\***

**Peaches & Custard  
Strawberry Jelly & Ice Cream**

**Call to order menu : Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad**

A selection sandwiches, fresh fruits and hot beverages are available at all times

## Catherine Lodge

WEEK 2



### SUNDAY

#### Breakfast

Selection of cereals, Toast and Preserves, Boiled eggs, Prunes, Cooked Porridge  
Tea, Coffee, Fruit Juices

#### Lunch

Roast Lamb

**Roasted potatoes**

**Creamed Potatoes**

**Carrots & Cabbage**

\*\*\*

**Steamed Cod in White sauce**

#### Desert

**Apple Crumble & Custard**

\*\*\*

**Ice Cream**

**Selection of fresh fruits**

#### Afternoon Tea

**Jam Sponge Cake**

#### Supper

**Soup of the Day**

**Selection of Sandwiches**

**Ham Salad**

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**Peaches & Custard**

**Jelly and Ice Cream**

Call to order: Sandwiches, scrambled eggs, cheese omelette, Baked Potatoes, Ham Salad

A selection sandwiches, fresh fruits and hot beverages are available at all times